

Avis's Place Newsletter JULY

24—6th Street, Brandon, MB 204-729-8649

Wednesday Dinners in July are looking tasty!

July 3rd— Hamburger Soup, veggies and dip, and buns.

July 10th—Lemon Chicken with veggies, with a rice, couscous and quinoa mix.

July 17th—Lazy perogy Casserole and Apple Raisin Coleslaw.

July 24th—3 salad Combo: Asian Salad, Egg Salad & Broccoli Salad.

July 31st—Barbecue @ The Riverbank Discovery Centre. **This dinner has no limit on numbers.*

To take part in the Wednesday Dinners you **MUST** register. Space is limited to the first 30 people.

240-729-8649

avisplace@cciwestman.ca



Downtown Car Show

Cruise Night for July is Thursday, the 4th so go out and enjoy all the shiny, beautiful classic cars! Avis's Place will remain OPEN during the Car Show.

Bowling On Grass?

The Stanley Park Lawn Bowling Club has generously offered to teach us how to Lawn Bowl on July 5th at 1:30 pm in Stanley Park. This is a free event, but you **MUST** register in advance.

Bingo!

Join us for another exciting Big Bingo on Tuesday, July 30th. Cost: \$3.



Gardening Club is Growing Strong!

Professional gardener Jennifer Baron and gardener assistant Grant Irvine are cultivating vegetables—and knowledge. Get ready to get your hands dirty! Join them on Thursday, July 4th and Thursday, July 18th from 5 to 6pm.

To join this program please contact Grant Irvine directly at 204-728-1228 to sign up. Space is limited (6) and rides will be provided to and from Avis's Place.



Avis's Place 10th Anniversary Block Party

We'll be shutting down the street in front of Avis's Place for hot dogs, entertainment, prizes and information booths. Saturday July 20th, 11 am—2pm. **No RSVP required. See you there!**





Bake & Take – or – The Secret Muffin Society!

Join the Secret Muffin Society and you'll learn to make muffins, eat some, and even take some home. Don't worry if you're not too adept in the kitchen. Bring your staff to help you out. Sign up now because space is limited to 5 people. Cost is \$2 per person, and you **MUST** sign up to participate.

What's on the menu?

- July 4—Cranberry Orange Muffins
- July 23—Blueberry Muffins
- July 26—Zucchini Muffins



Hand Sewing Class

Have you ever wanted to learn to sew on a button, or fix a torn seam? Sign up for Christine's first **Hand Sewing Class** on Thursday, July 25th at 5pm. This class is free, and all supplies will be provided.

SERC

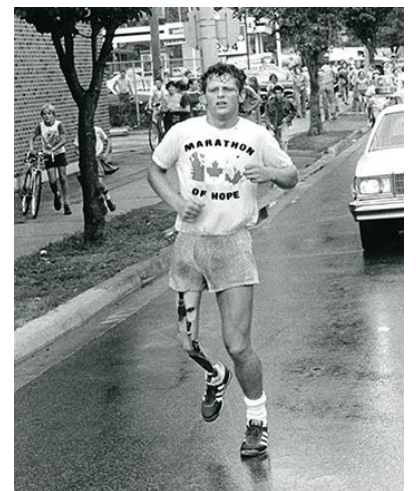
Amanda from SERC will be here on **Tuesday, July 16th** to talk to all on the topic of Relationships. Amanda will be available to talk one on one after the presentation if you would like to talk privately.

Dealing with Grief & Loss Workshops

Unfortunately, grief and loss are a part of life and can be very difficult to deal with. Please join us for a workshop that is designed to help those who may be stuck in sadness or struggling to cope with their grief.

Led by Dr. Ronald Richert, these workshops are free, but please register if you are interested.

**Tuesday, July 9th at 1pm &
Thursday, July 11th @ 6pm**



PLEASE NOTE:
We will be closed
Saturday,
August 3rd
for Terry Fox Day.